

## NUTRITION OUTREACH AND EDUCATION PROGRAM SERVICE LOCATIONS:

### Albany County

95 Central Avenue, Albany, NY 12206  
(518) 462-6765 ext. 327  
(800) 462-2922 ext. 327  
(518) 427-8352 (Fax)

### Clinton County

100 Court Street, Plattsburgh, NY 12901  
(518) 563-4022 ext. 112  
(800) 722-7380 ext. 112  
(518) 563-4058 (Fax)

### Fulton County

40 North Main Street, Floor 2, Suite 17  
Gloversville, NY 12078  
(518) 810-9081  
(800) 821-8347 ext. 227  
(518) 843-1792 (Fax)

### Montgomery County

6 Market Street, Amsterdam, NY 12010  
(518) 842-9466 ext. 225  
(800) 821-8347 ext. 225  
(518) 843-1792 (Fax)

### Saratoga County

40 New Street, Saratoga Springs, NY 12866  
(518) 587-5188 ext. 412  
(800) 870-8343 ext. 412  
(518) 587-0959 (Fax)

### Washington County

124 Main Street, Suite 304, Hudson Falls, NY 12839  
(518) 587-5188 ext. 408  
(800) 870-8343 ext. 408  
(518) 242-9856  
(518) 587-0959 (Fax)



# Legal Aid Society

NORTHEASTERN NEW YORK

For more information on the Nutrition Outreach and Education Program visit:

[www.lasanny.org](http://www.lasanny.org)



For more information on the funders of LASNNY visit:

[www.lasanny.org](http://www.lasanny.org)

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**This institution is an equal opportunity provider**

For a free and confidential prescreening to find out if you might be eligible, or for SNAP application assistance, contact your local Nutrition Outreach and Education Program today!



## Stay Healthy with SNAP!

Supplemental Nutrition Assistance Program

The Nutrition Outreach and Education Program of



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NORTHEASTERN NEW YORK



## WHAT IS SNAP?

The Supplemental Nutrition Assistance Program (SNAP) is the new name for the Food Stamp Program in New York State. SNAP is a government program that can boost your monthly budget for purchasing groceries.



## WHAT IS NOEP?

The Nutrition Outreach and Education Program (NOEP) offers free and confidential services to connect hungry New Yorkers to nutrition assistance programs such as the SNAP program, the School Breakfast Program, and Summer Food Service Program.



## WHAT NOEP CAN DO FOR YOU:

### ■ Evaluate your potential eligibility

We can calculate your income, living expenses, and other deductions, and assess if you may be potentially eligible for SNAP benefits.

### ■ Application Assistance

We can help you complete and submit the application. Applications can also be filled out online. We can meet you at a convenient location.

### ■ Necessary Documents

We can help you gather and submit the necessary paperwork that you need to apply for SNAP.

### ■ Community Referrals

We can help you connect with other nutrition assistance programs and community resources in your area to get you the additional services you and your family need.

### ■ Visit Your Program

We also meet with community groups to explain SNAP rules and answer questions. Please let us know if you are interested in scheduling a workshop for your group or if you would like us to staff a booth at your fair.

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**REMEMBER** you can now add even more fresh, healthy food to your shopping bag when you use your SNAP benefits at your local farmers' market. To find a market, go to:

[snaptomarket.com](http://snaptomarket.com)

[www.agriculture.ny.gov/ap/farmers\\_markets.html](http://www.agriculture.ny.gov/ap/farmers_markets.html)

## OTHER HELPFUL INFORMATION

- The SNAP program is a needs-based entitlement program. Anyone who applies and is eligible will receive the benefits they need.
- SNAP benefits are now automatically deposited on an electronic benefits transfer card (EBT). It works just like a debit card and is private and discreet.
- You can receive SNAP benefits and still receive WIC, Meals-On-Wheels, and other government benefit programs.
- You can own a home, car, and other personal property and still be potentially eligible for SNAP benefits.
- SNAP benefits are there for you in emergency situations. Most applications take 30 days to process, however, certain emergency situations may call for expedited SNAP benefits.

